

# Cru Cheerleading Tryout Information

First, let me say CONGRATULATIONS for making it to tryouts.

The CRU Cheerleading Program will host the 2020-2021 tryout session on **April 30-May 1** to assess the abilities, leadership skills, and potential of interested and qualified candidates.

Tryouts are intended to be a low stress event. For that reason, they are conducted in a practice-like environment. Candidate's skills, talents, and their ability to work with current and prospective team members, will be evaluated. A short interview with the candidate may be conducted at any time during the sessions.

Actual attendance by candidates at the tryout session is highly recommended; however, any individual who cannot attend the tryout session may submit a videotape for consideration. All videos must be included in the tryout packet. Please contact coach directly for video requirements.

## **Minimum Qualifications for Tryouts:**

- Incoming freshmen and transfer students must have completed the regular admissions application process and be accepted to the University prior to tryouts.
- Candidates must be in good academic and disciplinary standing with the university.
- Candidates must possess sufficient physical fitness and proper training to execute all required skills during the selection process.
- Candidates must be covered by health insurance for tryouts and/or sign a participation waiver.
- Prospective candidates should be involved in high school or competitive cheerleading/gymnastics in some fashion. Each candidates' individual experiences will be taken into consideration.
- The tryout packet must be completed in its entirety and submitted by the stated due date prior to tryouts.
- Tryout fee is \$25 due at tryout check-in.

## **Skills Criteria:**

Tumbling:

- Standing Tumbling: back hand spring or back tuck (highly preferred)
- Running Tumbling – minimum of round-off back handspring series to back tuck (highly preferred)

Stunts: All-Girl & CoEd (Flyers & Bases)

- Game day stunts (straight up and full-up, extensions and liberties)
- Optional elite stunts/sequences (2-2-1, stretches, arabesques, etc.)
- Solid basics, athlete potential, and experience with a variety of groups

Jumps & Overall Technique:

- Toe-Touch, Hurdler and Pike required
- Strong Motion Placement and Control required
- Strong Voice inflection required
- Collegiate strength and image required

Overall Impression of the CRU Cheerleading values & expectations of Game Day Cheer.

Candidates will also be evaluated on the following criteria:

- Strong leadership qualities
- Charismatic presence/personality
- Confidence
- Independence
- Enthusiasm
- Ability to engage an audience

**Tryout Format:**

Skills Session

Cheer/Chant Session

Fight Song Session (**taught @ clinics**)

Interview Session

**\*\*More Information on these tryout sessions will be posted closer to the tryout date.\*\***

**Letter of Recommendation**

Prior to tryouts, send in at least 2 letters of recommendation.

Please ask your reference (preferably a former coach) to demonstrate your willingness and ability to hold true to the above criteria. For more information on the mission and values of the University of Mary Hardin-Baylor, refer to [www.umhb.edu](http://www.umhb.edu)

Email Letters to [awinkler@umhb.edu](mailto:awinkler@umhb.edu) with Candidate Name in the subject line. These letters should come directly from the reference.

**Contact Information**

For questions regarding tryouts, email head coach at [awinkler@umhb.edu](mailto:awinkler@umhb.edu)

Notification of Selection: The new squad will be announced through email by 2:00pm

There will be a mandatory team meeting for new squad members from 5-8pm after tryouts.

Candidates will receive more information regarding the posting at tryouts.

**Additional Information**

- All members of the 2021/2022 Cheer Squad will be required to attend a program meeting and preliminary practices scheduled over the summer.
- All members of the squad will be required to attend summer camp and workouts.
- All current members of the squad must tryout each year.

Coaching staff reserves the right to conduct “walk on” tryouts at any point in time.



# UMHB Cheerleading Tryout Packet

- Incoming freshmen ARE eligible to tryout,
- Current and transfer students with a minimum 2.5 GPA are eligible,
- Current UMHB students must be enrolled full-time (12 hours) to be eligible,
- Current UMHB Students must be in good disciplinary and academic standing with the university. Transfer students must be disciplinarily and academically eligible to return to the university from which they are transferring,

Following must be submitted by April 25, 2021 to [awinkler@umhb.edu](mailto:awinkler@umhb.edu)

1. Copy of admissions letter to the University of Mary Hardin-Baylor,
2. Or, Current year to date transcript,
3. Letters of recommendation – Please see information below,
4. Resume or list of activities/work experience/community involvement,
5. Statement of purpose indicating why you would like to me a member of the UMHB Cheerleading Program. Please provide any information regarding any extenuating circumstances about which you feel we should be aware. Please comment on your ability to adhere to the CRU values listed below.  
C- Commitment & Teamwork,  
R- Respect & Positive leadership skills,  
U- an Understanding that God is leading you on this journey.

Following must be provided at tryout check-in:

1. \$25 fee must be submitted.
2. Paper copy of your medical insurance card.

## **Letters of Recommendation**

Prior to tryouts, send in at least 2 letters of recommendation.

Please ask your reference (preferably a former coach) to demonstrate your willingness and ability to hold true to the above criteria. For more information on the mission and values of the University of Mary Hardin-Baylor, refer to [www.umhb.edu](http://www.umhb.edu)

Email Letters to [awinkler@umhb.edu](mailto:awinkler@umhb.edu) with Candidate Name in the subject line. These letters should come directly from the reference.

## **Tryout Format:**

**Friday Night (April 30) Open gym 6-9pm**

**Saturday (May 1) beginning at 9am**

Skills Session

Cheer/Chant Session

Fight Song Session (**taught @ clinics**)

Interview Session

**Team Meeting for all new members from 5-8pm on May 1st**

# Cheerleader Candidate Information

(PLEASE PRINT)

Last Name : \_\_\_\_\_

First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_

Permanent Address:

\_\_\_\_\_

\_\_\_\_\_

E-mail Address: \_\_\_\_\_

Telephone Number : (     ) \_\_\_\_\_ - \_\_\_\_\_

Cell Phone Numbers: (     ) \_\_\_\_\_ - \_\_\_\_\_

Date of Birth: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Hometown: \_\_\_\_\_

Probable/Current Major : \_\_\_\_\_

Current GPA: \_\_\_\_\_

UMHB Expected Graduation Date: \_\_\_\_\_

High School Name & City: \_\_\_\_\_

High School Graduation Date: \_\_\_\_\_

Have you tried out before?: \_\_\_\_\_ If yes, what year(s)?: \_\_\_\_\_

Did you cheer in high school? \_\_\_\_\_ Did you have football? \_\_\_\_\_

Stunt Position: Top Girl                      Main Base                      Side Base                      Backspot

Height: \_\_\_\_\_ Feet \_\_\_\_\_ Inches

T-shirt size (adult size): X-Small    Small    Medium    Large    X-Large    XX-Large

Shorts size (adult size): X-Small    Small    Medium    Large    X-Large    XX-Large